Quick Fix

Before The Final Break-Up

Relationship Agreement

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No matter what problems existed in our relationship, we both would like to give it one more try before breaking-up for the last time.

We both agree to do the following:

1. Start new – after signing this contract, forgive each other and don’t dwell on past issues.
2. Commit to a monogamous (one partner) relationship – be loyal and trustworthy.
3. Develop a spiritual commitment – worship and pray together at least weekly.
4. Communicate – remember that good communication calls for being a good listener too. Put aside private time with each other to talk, take walks, vacations, and short trips. When you’re not together, spend time calling, texting, sexting or skype (telephone and video calling service).
5. Show compassion, consideration, and respect for each other.
6. Validate and nurture each other – be attentive to your partner’s needs and remember it’s the “little things” that count.
7. Be loving and romantic – do small things that communicate to your partner you are thinking of her/him.
8. Find out what turns your partner on and off – focus on your partner’s pleasures.
9. Hang-out with couples who are happy together.
10. Understand that no individual and no relationship are perfect - be willing to work every day to sustain a happy, healthy relationship.

If either one of us feels reconciliation cannot be reached after attempting Steps 1 through 10, we must break-up. The decision to break-up must be respected and at no time should either of us attempt to communicate or see the other partner. If the partner who wants to stay together tries to communicate or see the other partner, it will be considered harassment and the police will be notified and a Restraining Order requested from the court.

Partner’s Signature: ___________________________ Date: ________________
Partner’s Signature: ___________________________ Date: ________________
Witness Signature: ___________________________ Date: ________________

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