The Cycle of Domestic Violence Prevention

When

Dating

Mating

and

Hating

Developed by Kenn I. Hicks, LCSW
National Lecturer & Author
Licensed Clinical Social Worker & Domestic Violence Counselor
(818) 788-8667 / E-Mail: mrh384@aol.com
Website: domesticviolenceprevention.org
Call for a Free Lecture
Dating Violence happens at all ages

The **Dating Contract** indicates what is unacceptable behavior and the consequences for violence and abuse.

---

**Teens**

A person who is violent and abusive in a relationship needs to be in treatment to break their Cycle of Violence.

---

**Adults**

---

**Elderly**

---

Statistics indicate same sex relationships have the same frequency of domestic violence as opposite sex relationships. Use he or she as it applies in your situation.

Illustrations by Channing Bete Company
Mating
Marriage License Options Contract
can reduce violence and abuse

Many people are reluctant to get married because of domestic violence and problems getting divorced.

The Marriage License Options Contract can help people become more comfortable with getting married and less devastated if things don’t work out.

USE AS ADDENDUM TO TRADITIONAL MARRIAGE LICENSE IF APPLICABLE

Marriage License Options Contract
to reduce domestic violence and divorce

This contract is not recommended for couples who have children or plan on having children.

This contract is for couples experiencing or having a history: marriage phobia (partner that is hesitant/resistant/afraid to get married), partner has criminal history, domestic violence restraining order, child abuse, domestic violence history, one partner wants children the other does not: any addictions, psychiatric problems, history of cheating, or family discontentment, etc.

This certifies that:
Prior to getting married, if we have children, we will agree upon child custody and distribution of individual assets each year prior to the marriage anniversary for future years of the marriage.

☐ Marriage Renewal (1-3 years)
We both agree that this marriage license will be annulled if not renewed by

(Fill in Date)

☐ Marriage Expiration (1, 3, 5, 7 years)
We both agree that this marriage license will expire (be annulled) in

(years on ________________________________

(Fill in Date)

☐ Pre-Nuptial Annulment and Expungement for Domestic Violence
We both agree that this marriage license will be terminated (annulled & expunged) if either one of us is convicted of domestic violence, child abuse, or have a Restraining Order filed against one of us by the other spouse.

I agree to the above checked options:

Female Signature: ______________ Date: ______________ 
Male Signature: ______________ Date: ______________
Witness Signature: ______________ Date: ______________

- Renew: To begin again; take up again; resume
- Annul: To do away with; put an end to; to make no longer binding under the law; invalidate; cancel
- Expunge: To erase or remove completely; blot out or strike out; delete; cancel

Developed by Kenn I. Hicks, LCSW – (818) 788-8667 / mrrh384@aol.com
Dating and mating can turn into **Hating**

These are safety notification guidelines for all levels of breaking-up in a relationship

- If you feel unsafe, try never to be left alone.
- Have a relative/friend with you at all times.
- Make sure your relatives/friends know about your break-up.
- Whenever possible notify your ex-partner's relatives/friends.
- Be aware of your surroundings and who's watching (stalking) you.
- Pay attention to your ex-partner's reaction to the breakup.
- 911 and a Restraining Order should always be considered for your safety.
- Consider changing your telephone numbers/e-mail and moving out of the town, city, state, country.
- Consider having your telephone numbers and new address unlisted or placed in another person's name.

**Safety Notification Levels of Breaking-Up in a Relationship**

**Level One: In-Person Notification**

Ex-partner has never exhibited any forms of violence or abuse.

1. Break-up in a public place.
2. Your friends/relatives should be present/nearby/available.
**Level Two: Telephone Notification**

Ex-partner has not exhibited any forms of violence or abuse but may get very angry about the break-up. You don't want to see him in person because you think he may become verbally abusive.

**Level Three: E-Mail/Text Postal Notification**

Your ex-partner has a history of verbal and emotional abuse but has never exhibited any violence or physical abuse.
Level Four: Restraining Order Notification

If your dating partner has exhibited any of the following:

1. Ex-partner has a history of violence and abuse.
2. Has a prior history of being arrested/convicted of domestic violence and/or has ever had a Restraining Order filed against him.

Do not return home until your ex-partner is served and has appeared in court.

If your ex-partner violates the Restraining Order, don’t return home until he is arrested, prosecuted, and serving time in custody.
There is no excuse for domestic violence or abuse.