

Baby Conception to Birth Contract

One in five women will be abused during pregnancy. Forty percent of babies born begin during the first pregnancy.

The female will have an adult relative/friend present to discuss and witness this agreement. I am attempting to conceive a baby with my husband/partner.

When the physician indicates that I am pregnant, I will provide good prenatal care to hopefully have a healthy baby.

My husband/partner and I have agreed to share all responsibilities concerning my pregnancy and when the baby is born.

My husband/partner understands that if any form of violence and/or abuse is exhibited, it will be reported to the police and a Restraining Order will be requested.

If the embryo/fetus/baby is lost due to my husband/partner's violence and/or abuse, I will request prosecution and a charge of fetal homicide. If the baby is born with any type of disability or requires special needs due to my husband's/partner's violence/abuse, I will request prosecution for domestic violence and all future financial needs of the baby/child/teen will be my partner's responsibility.

Signatures:
 Female _____ Date: _____
 Husband/Partner _____ Date: _____
 Female's Friend/Relative _____ Date: _____
 Developed by Kenn I. Hicks, LCSW - (818) 788-8667 / E-Mail: mrh384@aol.com
 Website: domesticviolenceprevention.org

Seventy percent of men and forty percent of women will have an affair at some point in their marriage. Twenty percent of affairs will cheat again.

We have both decided that our relationship has no tolerance for another episode of cheating even if one of us has a sexual addiction.

NO MORE CHEATING IN OUR RELATIONSHIP CONTRACT

for married and unmarried couples

You have already cheated on me once. I have decided to stay with you and continue our relationship only if you get counseling and agree to the following conditions:

1. You must successfully participate in weekly (26 weeks or longer) individual/group/sexual addiction counseling and medication therapy if needed.
2. Abstain from using drugs and alcohol.
3. Not commit any violence or abuse against me and/or the children.

Married Couples

At the beginning of each year, we will list all our assets to be owned jointly and legally. If it is proven that one of us is a cheater, has had a sexual relationship with someone else while we were married, or begins a new relationship with someone else, the person who cheats has agreed to willingly give up 25% of all of their assets, properties, and investments with no recourse or hiring an attorney for representation.

Unmarried Couples

Our relationship will be terminated immediately for having another episode of cheating or having sexual activity with another person.

After signing this agreement, if the person cheats again or has sexual activity with someone else, the cheater agrees to leave the residence immediately and not return. A Stay Away Order/Restraining Order will be requested from the court to restrict any contact between us. We have both agreed that there will be no reconciliation. All abuses and harassment during and after this relationship will be documented and submitted to the police and criminal court for prosecution.

If there are children involved, custody will be surrendered by the cheater until legal court action can determine custody status of the child(ren), visitation, and which parent is considered to be the most responsible and stable to care for the child(ren).

By signing below, we both agree to all terms in this contract:

Female's/Male's Signature _____ Date: _____
 Partner's Signature _____ Date: _____
 Witness _____ Date: _____
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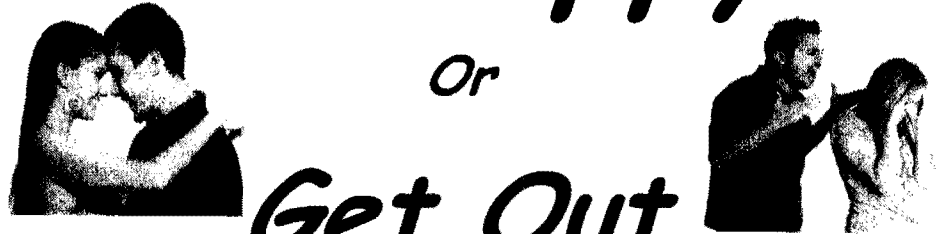
Relationship Agreements & Contracts

For Teens, Adults, & Seniors

Let your partner know what's acceptable and what's not

Be Happy

Or



Get Out

Of Your Abusive Relationship Safely

Email, Call, or Go to Website for Free Agreements/Contracts

All Agreements and Contracts Developed by

Kenn I. Hicks, LCSW

Licensed Clinical Social Worker

National Lecturer/Trainer & Author

(818) 788-8667 / mrh384@aol.com

Website: www.domesticviolenceprevention.org

Quick Fix

Before The Final Break-Up Relationship Agreement

No matter what problems existed in our relationship, we both would like to give it one more try before breaking-up for the last time.

We both agree to do the following:

1. Start over -- after signing this contract, forgive each other and don't dwell on past issues.
2. Commit to a monogamous (one partner) relationship -- be loyal and trustworthy.
3. Develop a spiritual commitment -- worship and pray together at least weekly.
4. Communicate -- remember that good communication skills for being a good listener too. Put aside private time with each other to talk, take walks, vacations, and short trips. When you're not together, spend time calling, texting or skype (telephone and video calling service).
5. Show compassion, consideration, and respect for each other.
6. Validate and nurture each other -- be attentive to your partner's needs and remember it's the "little things" that count.
7. Be loving and romantic -- do small things that communicate to your partner you are thinking of them.
8. Find out what turns your partner on and off -- focus on your partner's pleasures.
9. Hang-out with couples who are happy together.
10. Understand that no individual and no relationship are perfect -- be willing to work every day to sustain a happy, healthy relationship. If either one of us feels reconciliation cannot be reached after attempting Steps 1 through 10, we must break-up. The decision to break-up must be respected and at no time should either of us attempt to harass/abuse or see the other partner. If the partner who wants to stay together tries to communicate or see the other partner, it will be considered harassment and the police will be notified and a Restraining Order requested from the court.

Partner's Signature _____ Date: _____
 Partner's Signature _____ Date: _____
 Witness Signature _____ Date: _____

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Married women who leave the relationship have a seventy-five percent chance of being seriously injured or killed. Ten percent of separated husbands control a wife when the wife leaves them.

Break-Up Notification Alert

We are no longer a couple or in a relationship. I don't ever want to see you or hear from you again!

Prosecution Notice

I have decided to break-up with you and do not want to discuss the reasons. I have notified my relatives and friends about the break-up.

I am also notifying the police and criminal court to request a Restraining Order/Stay Away Order for you not to contact me at any time or have any of your relatives and/or friends contact me. Having someone else contact me on your behalf will be considered harassment and a violation of the criminal court order that also states, "Third party contact is a violation of the Restraining Order/Stay Away Order."

A police escort must be requested for property to be returned to each other. Property not turned over/surrendered will be distributed during the court process.

Trying to communicate with me or about me through texting, sexting, emails, Twitter, My Space, Facebook, or any other public internet communication websites will be considered harassment. I will file charges with the police to have you prosecuted.

Signed by _____ Date: _____
 Witnessed by _____ Date: _____

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TEEN DATING CONTRACT

One in three teenage girls has experienced violence in a dating relationship.

The dating teens must have their parents present to discuss with them abuses and consequences. Both parties may stop seeing each other at anytime for any reason. This relationship will be immediately terminated for any abuse and criminal charges reported for any physical/sexual abuse or threats. A Restraining Order will also be requested.

***Physical Abuse:** Violence which may or may not result in an injury from beating, biting, choking, grabbing, hitting, kicking, pinching, pulling hair, punching, pushing, restraining, scratching, shaking, shoving, slapping, twisting arms, using weapons, spanking, smothering, tripping, holding against will, and/or any other physical contact which may present a physical or emotional injury, etc.

***Sexual Abuse:** Makes partner do sexual acts against her/his will, touching, kissing, hugging/holding, forcing sex, attacking the private parts of her/his body, etc. Sex with anyone (male/female) under the age of eighteen (18) is a crime (statutory rape; California Penal Code Section 261.5) and you can be arrested/indicted and prosecuted. No one under the age of eighteen (female/male) can give consent to have sex (sexual intercourse/anal sex). Dating teens must verify each other's age by parents and/or driver's license.

Verbal Abuse & Emotional Abuse: Put down, name calling, belittling, insults, yelling, being sarcastic, blowing money on drugs or alcohol, being drunk/high, intense jealousy, criticizing her/his looks, insulting her/his friends, manipulating with lies, making false accusations regarding love affairs, keeping her/him from going to school/work, non-violent threats, constantly laughing at her/him, ignoring her/him, making her/him think she/he is crazy, etc.

***Threats:** Threatens physical violence against her/him, children, family, etc.

A safety, escape, and protection plan should be developed by dating teens. These acts will be reported to the police immediately and the victim must seek safety and protection away from the batterer/abuser until her/his arrest.

Teens and Young Adults should not have possession or access to weapons.

Female's/Male's Age: _____ How was age verified? By parents? By driver's license?
Partner's Age: _____ How was age verified? By parents? By driver's license?

Have you ever been arrested? Yes No
Do you have possession or access to any weapons? Yes No

Have you ever had a Restraining Order against you? Yes No

Are you willing to request a criminal record report from the State Department of Justice and/or the Federal Bureau of Investigation (FBI)? Yes No

To find out about a person's criminal convictions go to any Criminal Court Clerk's Office.

Signatures:
(Female/Male): _____ Date: _____
(Partner): _____ Date: _____
(Female's/Male's Parent): _____ Date: _____
(Partner's Parent): _____ Date: _____

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Recommended by the Los Angeles County Board of Supervisors

ADULT DATING CONTRACT

One in four women in the United States experience violence by a current/former partner at some point in her life.

Dating adults must have the female's/male's relative/parent present to discuss abuses and consequences.

Both parties may stop seeing each other at anytime for any reason. This relationship will be immediately terminated for any abuse and criminal charges reported for any physical/sexual abuse or threats. A Restraining Order will also be requested.

***Physical Abuse:** Violence which may or may not result in an injury from beating, biting, choking, grabbing, hitting, kicking, pinching, pulling hair, punching, pushing, restraining, scratching, shaking, shoving, slapping, twisting arms, using weapons, spanking, smothering, tripping, holding against will, and/or any other physical contact which may present a physical or emotional injury, etc.

***Sexual Abuse:** Makes partner do sexual acts against her/his will, touching, kissing, hugging, holding, forcing sex, attacking the private parts of her/his body, etc.

Verbal Abuse & Emotional Abuse: Put down, name calling, belittling, insults, yelling, being sarcastic, blowing money on drugs or alcohol, being drunk/high, intense jealousy, criticizing her/his looks, insulting her/his friends, manipulating with lies, making false accusations regarding love affairs, keeping her/him from going to school/work, non-violent threats, constantly laughing at her/him, ignoring her/him, making her/him think she/he is crazy, etc.

***Threats:** Threatens physical violence against her/him, children, family, etc.

A safety, protection, and escape plan should be developed by dating adults. These acts will be reported to the police immediately and the victim must seek safety and protection away from the batterer/abuser until her/his arrest.

Female's/Male's Age: _____ How was age verified? By parents? By driver's license?
Partner's Age: _____ How was age verified? By parents? By driver's license?

Have you ever been arrested? Yes No
Do you have possession or access to any weapons? Yes No

Have you ever had a Restraining Order against you? Yes No

Are you willing to request a criminal record report from the State Department of Justice and/or the Federal Bureau of Investigation (FBI)? Yes No

To find out about a person's criminal convictions go to any Criminal Court Clerk's Office.

Signatures:
(Female/Male): _____ Date: _____
(Partner): _____ Date: _____
(Female's/Male's Parent): _____ Date: _____
(Partner's Parent): _____ Date: _____

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Dating Relationship in the Workplace Agreement & Contract

Seventy five percent of men and sixty five percent of women admit to having sex with people they work with.

If I, the requester, decide to date you who is also employed at my workplace, you must comply with the following set of conditions so you will not jeopardize my employment or safety if we breakup. After reading and signing this contract with a witness, you agree to comply with all the conditions. Either one of us can decide to terminate our relationship at any time for any reason without providing the reason for the breakup.

If I, the requester, decide to end the relationship and you at any time after the breakup exhibit any type of harassment and/or verbal/emotional/physical abuse to me at our place of work, you agree to the following:

- Immediately transfer to another location within the company that is at least 10 miles or more from our present workplace location. If the company has no such location, you will remain from the company immediately.
- If you are transferred to another location within our company, you will never again come to the location where I work or my new location if I am transferred.
- If you come to my workplace for any reason, I will ask my employer to file a Workplace Restraining Order against you and have you arrested if you return.
- Agree not to talk with other employees concerning our relationship and/or breakup.
- Never call, e-mail, text, or send postal mail to me at any time for any reason.
- Statements or pictures on the internet or any public website concerning our relationship and/or breakup will be considered harassment and reported to the police for your prosecution.

Do not sign this agreement/contract if you feel under duress or pressure from me. I will only have this contract/agreement enforced by the police and court if you harass or abuse me after my breakup.

Requester's Signature: _____ Date: _____
Dating Partner's Signature: _____ Date: _____
Witness (if both partners agree): _____ Date: _____

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ANGER MANAGEMENT CONTRACT

Four out of five people have reported some type of anger management problem.

A Safety & Protection Plan for Couples

We both realize that committing any type of physical violence, sexual abuse, or making threats of violence against each other (or children), restricting a partner from leaving or calling for help (yelling, use of phone/computer or other devices) is a crime and against the law. For committing this crime, I am arrested/prosecuted, receive jail/prison time, be ordered by the court to comply with a Restraining Order (having no contact with the victim/children), and have to successfully complete an anger management or domestic violence treatment program.

When I get angry and feel out of control, I will say in you, "I am feeling angry and need to take a Time Out." This means I need to isolate myself from you and/or the children for up to one hour. I will go outside or to some isolated area in the house to cool down (exercise, talk myself down from being angry, contact a friend/relative/counselor or some other professional). When I return, I will say and do one or more of the following:

- Apologize for being angry and out of control.
- If I am still angry, I will tell you that I am still angry and need to take another Time Out.
- Talk to you in a calm and non-threatening manner about the subject/incident/scape that made me angry and out of control.
- Ask that we talk about the issue at another time.
- Request that we do not discuss the subject/problem/issue until we have a friend/relative/counselor or some other professional mediate our conversation on the topic.
- Both decide that it was an isolated incident/problem/issue that may not come up again and we both have decided not to talk about it.
- Learn the non-violent technique called Fair Fighting/Arguing.
- Agree to participate in couple's counseling / marriage counseling / family counseling / individual counseling / anger management counseling / pastoral counseling / domestic violence treatment program.

At no time during our relationship will we commit any type of physical violence, be sexually abusive, or threaten violence against each other or the children. We both know and understand that these acts of violence will not be tolerated and the necessary steps will be taken to insure the safety and protection of the victim and children. These steps may include calling the police to have the batterer/abuser arrested immediately and prosecuted. A Restraining Order will also be filed to keep you from contacting the victim and children.

I agree to all items stated in the Anger Management Contract.

Signature of both partners in the relationship:
Name: _____ Date: _____
Partner's Name: _____ Date: _____
A witness can be present, if both partners agree:
Witness Name: _____ Date: _____

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SENIOR CITIZEN DATING CONTRACT

60 years old and older

Use the reverse side that has essential personal information to fill in the back of the contract at the time of dating seniors must have a mature relative/parent (18 years old or older) present to discuss abuses and consequences.

Both parties may stop seeing each other at anytime for any reason. This relationship will be immediately terminated for any abuse and criminal charges reported for any physical/sexual abuse or threats. A Restraining Order will also be requested.

***Physical Abuse:** Violence which may or may not result in an injury from beating, biting, choking, grabbing, hitting, kicking, pinching, pulling hair, punching, pushing, restraining, scratching, shaking, shoving, slapping, twisting arms, using weapons, spanking, smothering, tripping, holding against will, and/or any other physical contact which may present a physical or emotional injury, etc.

***Sexual Abuse:** Makes partner do sexual acts against her/his will, touching, kissing, hugging, holding, forcing sex, attacking the private parts of her/his body, etc.

Verbal Abuse & Emotional Abuse: Put down, name calling, belittling, insults, yelling, being sarcastic, blowing money on drugs or alcohol, being drunk/high, intense jealousy, criticizing her/his looks, insulting her/his friends, manipulating with lies, making false accusations regarding love affairs, keeping her/him from going to school/work, non-violent threats, constantly laughing at her/him, ignoring her/him, making her/him think she/he is crazy, etc.

***Threats:** Threatens physical violence against her/him, children, family, etc.

A safety, protection, and escape plan should be developed by dating partners. These acts will be reported to the police immediately and the victim must seek safety and protection away from the batterer/abuser until her/his arrest.

Female's/Male's Age: _____ How was age verified? By parents? By driver's license?
Partner's Age: _____ How was age verified? By parents? By driver's license?

Have you ever been arrested? Yes No
Do you have possession or access to any weapons? Yes No

Have you ever had a Restraining Order against you? Yes No

Are you willing to request a criminal record report from the State Department of Justice and/or the Federal Bureau of Investigation (FBI)? Yes No

To find out about a person's criminal convictions go to any Criminal Court Clerk's Office.

Signatures:
(Female/Male): _____ Date: _____
(Partner): _____ Date: _____
(Female's/Male's Parent): _____ Date: _____
(Partner's Parent): _____ Date: _____

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Recommended by the Los Angeles County Board of Supervisors

Christian Dating Contract

I am a Christian attempting to become devoted to the Bible and Christian beliefs.

Before becoming involved in a casual and/or serious dating relationship with you, I would like to discuss my dating concerns/beliefs and ask you to agree to the following conditions if we decide to continue dating:

- Accept my decision that I do not want to participate in any sexual activity until I get married. The partner I marry will be the only one I have sex with.
- Do not threaten or harass me because of my beliefs concerning no sex before marriage.
- Do not place me in a compromising situation where my safety is threatened because I am abstaining from sex with you.
- If I am not thinking clearly (for example: due to my infatuation with you, social drinking, etc.) please don't take advantage of my altered state of mind to lead me to abandon my beliefs concerning abstaining from sex before marriage.

Either one of us can decide to end the relationship at any time for any reason. Verbal and emotional abuse will not be tolerated at any time. Harassment, threats, physical, and sexual abuse will be reported to the police and a Restraining Order filed.

Please don't be threatened by this contract. I just want you to see how committed I am to restricting my sexual activity until marriage.

Christian Dating Partner's Signature: _____ Date: _____

Partner's Signature: _____ Date: _____

Witness: _____ Date: _____

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Dating Partners & Marriage Partners who are Alcohol/Drug Users & Abusers RELATIONSHIP CONTRACT

Statistics indicate a connection between alcohol/drug use and domestic violence.

72% of domestic violence incidents reported being alcohol/drug use by the perpetrator.

We both agree not to use illegal drugs or drink alcohol while in this relationship. There is a great percentage of relationship abuse and child abuse by people who use illegal drugs and drink alcohol. By signing this contract we are both making a positive effort to have a long lasting relationship without any abuse and/or violence.

I agree to the following in our relationship:

- Not use illegal drugs.
- Not drink any alcohol or alcohol mixed beverages.
- Take an alcohol and/or drug test at any time requested by my partner.
- If I act or smell like I have had alcohol or drugs, I will leave the residence immediately if requested by my partner. I will not return to the residence or be around my partner and/or children until a drug and alcohol test can be completed and presented to my partner indicating that I am not under the influence of drugs and/or alcohol.
- I will attend A.A./N.A. (Alcoholics/Codeine/Narcotics Anonymous) meetings weekly if I am a user and/or an abuser of drugs/alcohol.
- Any abuse/relations will be cause for immediate termination of our relationship and reported to the police/court via a Restraining Order.

If I break any of the above rules, I will immediately leave the residence and enter a drug/alcohol program and/or a domestic violence prevention program. Our relationship will be immediately terminated and a Restraining Order will be requested to restrict any communication or contact between us.

Partner: _____ Date: _____
Partner: _____ Date: _____
Witness: _____ Date: _____

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Recommended by the Los Angeles County Board of Supervisors

Marriage License Options Contract

USE AS ADDENDUM TO TRADITIONAL MARRIAGE LICENSE IF APPLICABLE

to reduce domestic violence and divorce

The Marriage License Options Contract is for couples experiencing or having a history of: marriage problems (partner that is inattentive/unaffectionate to get married); partner has a criminal history, prior domestic violence/abuse, prior dating violence/abuse, prior Restraining Order issued; prior child abuse investigations/neglect, one partner wants children the other does not; any addictions, psychiatric problems; history of cheating; or extended family disconnection, etc.

This Marriage License Options Contract is not recommended for couples who have children or plan on having children.

This contract that:
Prior to getting married, and our yearly marriage anniversary, we will agree on child custody (if we have children) and individual assets for the year year and for the following year, if known.

Marriage Renewal (1 - 3 years)
We both agree that the marriage license will be renewed if not removed by _____ (Fill in Date)

Marriage Extension (1, 3, 5, 7 years)
For couples experiencing multiple divorce, race, culture, or religious differences, scientific professions, etc.

We both agree that this marriage license will expire (be annulled) in _____ year(s) _____ (Fill in Date)

Pre-Marital Assessment and Engagement for Domestic Violence
We both agree that this marriage license will be terminated (annulled/annulled) if either one of us is convicted of domestic violence, child abuse, or have a Restraining Order filed against one of us by the other spouse.

I agree to the above checked options:
Female's/Male's Signature: _____ Date: _____
Partner's Signature: _____ Date: _____
Witness Signature: _____ Date: _____

◆ Renewal: To begin again; take up again; resume
◆ Annul: To do away with; put an end to; to make no longer binding under the law; invalidate; cancel
◆ Expunge: To erase or remove completely; blot out or efface; delete

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