Batterer/Abuser Rating

Level #1 Offender
Those that only commit verbal abuse

Level #2 Offender
Those that commit abuse (except physical & sexual abuse) only in the home

Level #3 Offender
Those that are only violent within the home

Level #4 Offender
Those who are violent inside and outside the home

Resources & Services

Emergency - 911 - Police
24 Hour Domestic Violence Hot Line - 1-800-700-7233
Help For Women Batterers/Abusers - 1-866-593-9999
Help For Male Batterers/Abusers - 1-800-245-4580
Drug/Alcohol Helpline - 1-877-217-3903
Mental Health Problem Helpline - 1-800-784-2433
Suicide Helpline - 1-800-273-8255

Kenn I. Hicks, LCSW
Licensed Clinical Social Worker
Certified Domestic Violence Counselor
Domestic Violence-ologist
E-Mail: mrh384@aol.com
Website: domesticviolenceprevention.org
Kenn 1. Hicks is called the “Godfather” of Domestic Violence Prevention because of his success in treating batterers and abusers who have extensive criminal histories. His theme, “Rehabilitation Through Devastation” has been enthusiastically echoed throughout the domestic violence prevention community. Hicks has lectured and trained nationally on domestic violence prevention. He has appeared on television, talk-radio programs and was featured in many newspaper articles for his holistic approach to domestic violence prevention. Hicks was invited by the Los Angeles Grand Jury in 2006 to lecture on his book. In 2008, Hicks was inducted into the University of Kentucky School of Social Work “Hall of Fame” for his community efforts in reducing domestic violence.

Presentation

Domestic Violence Prevention
The Shower of Power
Safety - Protection - Treatment - Resources

Introduction
Hot Topics - Domestic Violence
Purpose of Battering
Domestic Violence Statistics
Most Breakups Don’t End Friendly
Help With Anger Problems
Benefits of a Happy Relationship
Cycle of Violence & Abuse
Men Are Victims of Abuse Also
Domestic Violence Laws
Similarities of DV and Drug/Alcohol Addiction
Characteristics of a Batterer/Abuser & Victim
Abuser’s 8 Step Recovery Cycle
Abuser’s 10 Step Relapse Prevention Cycle
Victim’s 16 Step Cycle of Abuse & Recovery
Victim’s Ten Step Relapse Prevention Cycle
Treatment Plan for Abusers
The Pledge of Respect

Domestic Violence/Intimate Partner Violence
Abuse committed against a spouse, former co-habitant or a person with whom the victim has a child or has had a dating relationship. Abuse may escalate with angry words, a shove or slap. It may escalate into a pattern of assaults and controlling attacks against the victim, children, property and/or pets. Research has shown that this pattern of control and abuse increased in frequency and severity over time. Studies have shown that arrest, jail, probation/parole and Restraining Orders deter many abusers from physically abusing their partners/ex-partners again.

The purpose of battering is to instill fear, intimidate and control behavior, not to leave bruises. Some of the most effective batterers do not beat; they do not need to, at least not very often. Threats and hostile looks to spouses, partners and children, serve the very same purpose: to control behavior through fear and to keep victims trapped in the Cycle of Violence.

Common Traits Among Batterers
Witnessing or suffering abuse as a child
Rigid traditional beliefs
Abuses alcohol and/or drugs
Difficulty in accepting responsibility
Low self-esteem
Excessively critical
Mental/emotional problems
Short fuse/anger management problems