Second Four Months
Batterer's/Abuser's emotions during months 5-8 of treatment: Eager, Embarrassed, Understanding, Remorseful, Responsible, Wanting to Repair Manner of Thinking and Behaving.

Last Four Months
Batterer's/Abuser's emotions during months 9-12 of treatment: Compliant, Hopeful, Caring, Non-Violent, Faithful, Interested in Recovery, Motivated, Non-Abusive, and Righteous.

Domestic Violence Treatment Program
for
Batterer's & Abuser's
Give the batterer/abuser two options

compliance or jail.

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Treatment Program
Each session is divided into three structured segments/phases that help
the batterer/abuser change his/her behavior: Beginning, Middle, End.

Segment 1/BEGINNING
Drug & Alcohol Testing, Psychotherapy (Attendance is Verified), Psy.
Medication Taken & Verified, Emergencies, Arrests/Release, Using
Time-Out Method, Anger Management Problems, Non-Compliance
with Group Rules, Abuse/Violence Committed at Home, Community,
Relationship Problems, Parenting Issues/Problems

Segment 2/MIDDLE
Adjustment in the Community, Relationships, Family, Friends,
Employment, Disclosure for Being Arrested for Domestic Violence,
Taking Responsibility, Being Remorseful, Repairing the Way You
Think & Act, Becoming Righteous, Reviewing & Discussing Topics,
Role Playing, Role Rehearsal, Role Reversal, Guest Speakers,
Compliance with Probation/Parole, Domestic Violence Progress
Reports Submitted to Probation/Parole/Court.

Segment 3/END
Referrals: Housing, Meals, Employment, Medical, Psychiatric
Services, Medication Compliance, Addiction Problems, Visitation with
Children If Approved by Family & Children Services, Completing
Homework.

Comply With Treatment Program Rules: Successfully complete 52
week treatment program, no contact with the victim until the treatment
program is successfully completed, comply with an evening curfew,
abstain form drugs and/or alcohol and test weekly, do not commit any
type of violence and/or abuse, must complete homework and pass
program tests, no arguing or fighting, dress and speak appropriately,
respectfully, notify any new dating partners that you’re a batterer/abuser
in recovery, don’t be late for program meetings, seek
employment/training/education. Topics to review and discuss: Time-
Out Method, Anger, Cycle of Violence, Emotional Abuse, Grief &
Loss, Fair Fighting, Child Abuse, Letting Go, What is Love.

First Four Months
Batterer's/Abuser's emotions during months 1-4 of treatment: Anger,
Denial, Low-Self-Esteem, Violent, Argumentative, Depressed,
Resistant, Hostile, Mistrustful, Revengeful.

During the first weeks of treatment, the batterer/abuser should have a
psychiatric evaluation and take medication if prescribed. Attend
individual therapy/counseling, begin going to church/temple/other
weekly.