

Second Four Months

Batterer's/Abuser's emotions during months 5-8 of treatment: Eager, Embarrassed, Understanding, Remorseful, Responsible, Wanting to Repair Manner of Thinking and Behaving.



Last Four Months

Batterer's/Abuser's emotions during months 9-12 of treatment: Compliant, Hopeful, Caring, Non-Violent, Faithful, Interested in Recovery, Motivated, Non-Abusive, and Righteous.

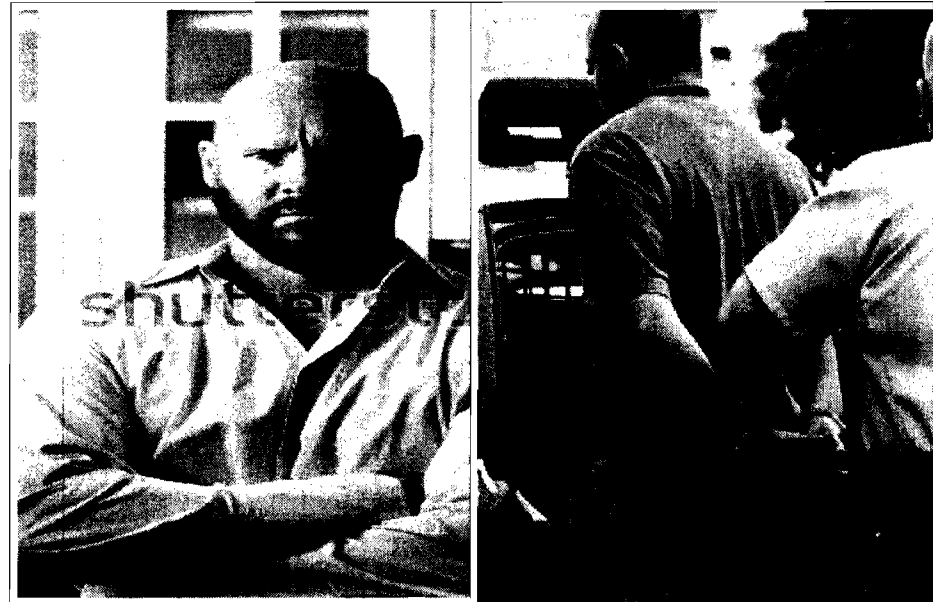


Domestic Violence Treatment Program

for

Batterer's & Abuser's

Give the batterer/abuser two options



compliance or jail.

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Treatment Program

Each session is divided into three structured segments/phases that help the batterer/abuser change his/her behavior: **Beginning, Middle, End.**

Segment 1/Beginning

Drug & Alcohol Testing, Psychotherapy (Attendance is Verified), Psy. Medication Taken & Verified, Emergencies, Arrests/Release, Using Time-Out Method, Anger Management Problems, Non-Compliance with Group Rules, Abuse/Violence Committed at Home, Community, Relationship Problems, Parenting Issues/Problems

Segment 2/Middle

Adjustment in the Community, Relationships, Family, Friends, Employment, Disclosure for Being Arrested for Domestic Violence, Taking Responsibility, Being Remorseful, Repairing the Way You Think & Act, Becoming Righteous, Reviewing & Discussing Topics, Role Playing, Role Rehearsal, Role Reversal, Guest Speakers, Compliance with Probation/Parole, Domestic Violence Progress Reports Submitted to Probation/Parole/Court.

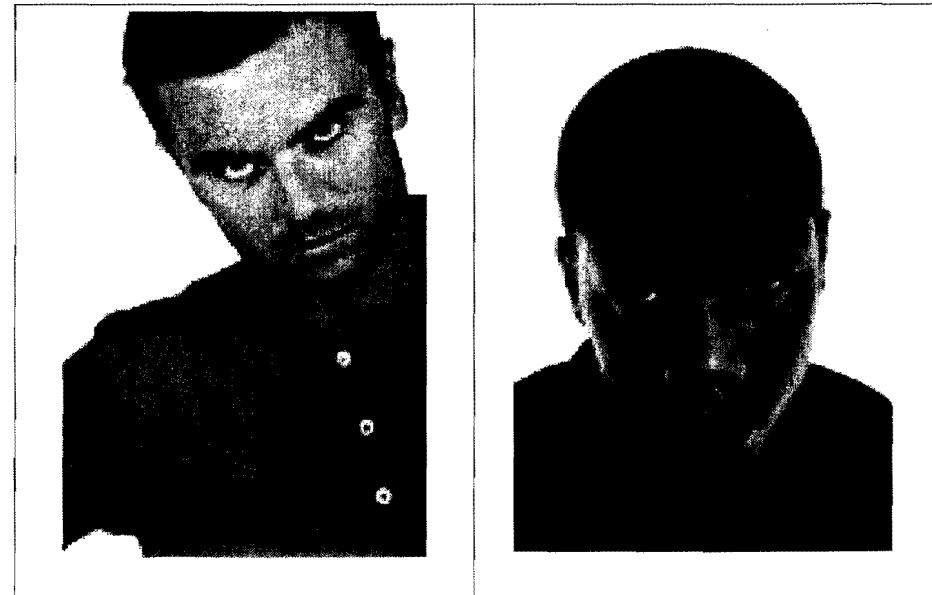
Segment 3/End

Referrals: Housing, Meals, Employment, Medical, Psychiatric Services, Medication Compliance, Addiction Problems, Visitation with Children If Approved by Family & Children Services, Completing Homework.

Comply With Treatment Program Rules: Successfully complete 52 week treatment program, no contact with the victim until the treatment program is successfully completed, comply with an evening curfew, abstain from drugs and/or alcohol and test weekly, do not commit any type of violence and/or abuse, must complete homework and pass program tests, no arguing or fighting, dress and speak appropriately, respectfully, notify any new dating partners that you're a batterer/abuser in recovery, don't be late for program meetings, seek employment/training/education. **Topics to review and discuss:** Time-Out Method, Anger, Cycle of Violence, Emotional Abuse, Grief & Loss, Fair Fighting, Child Abuse, Letting Go, What is Love.

First Four Months

Batterer's/Abuser's emotions during months 1-4 of treatment: Anger, Denial, Low-Self-Esteem, Violent, Argumentative, Depressed, Resistant, Hostile, Mistrustful, Revengeful.



During the first weeks of treatment, the batterer/abuser should have a psychiatric evaluation and take medication if prescribed. Attend individual therapy/counseling, begin going to church/temple/other weekly.