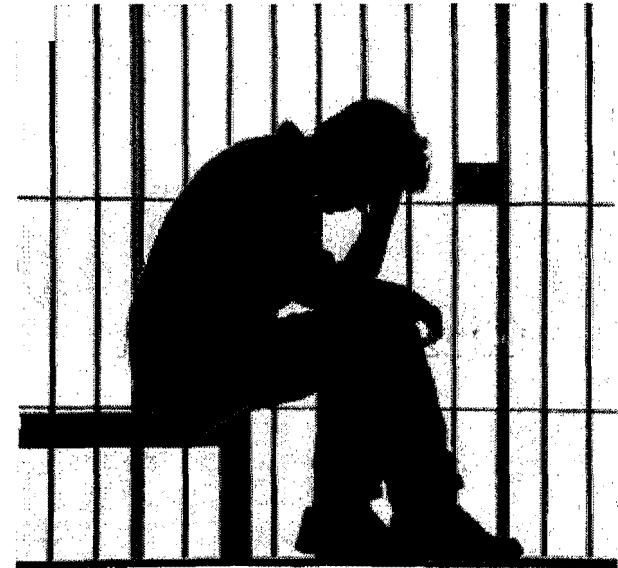


***A Treatment Plan for Batterers & Abusers***

***Breaking the Cycle  
of  
Domestic/Intimate Partner  
Violence***



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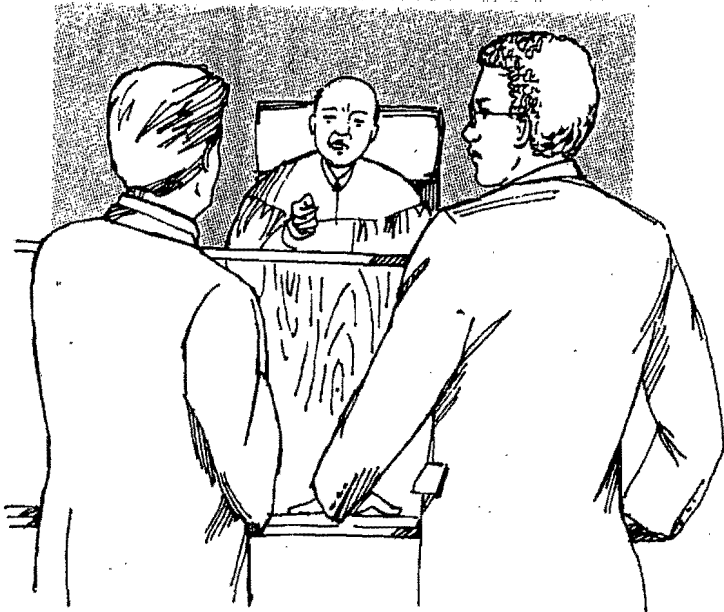
*Website: [domesticviolenceprevention.org](http://domesticviolenceprevention.org)*

***Call for Training or Lecture***

Treatment can begin after your arrested and the judge sentences you to jail. Jail time, a Restraining Order keeping you away from the victim, and a domestic violence treatment program is usually the sentence from the judge.



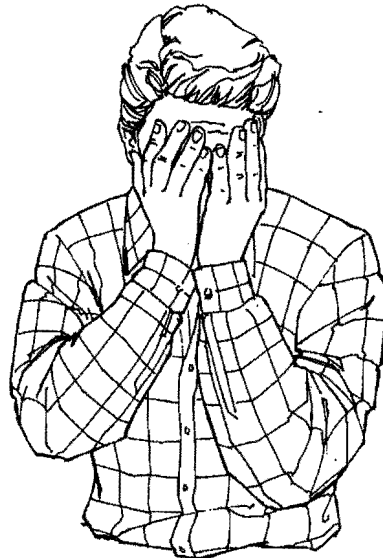
While in custody, take advantage of all services that are available to you.



Pastoral Counseling is a great beginning to breaking your Cycle of Violence and a new life with God.



**Achieve the Four R's**  
Take **Responsibility** for your actions  
Be **Remorseful** of what you did



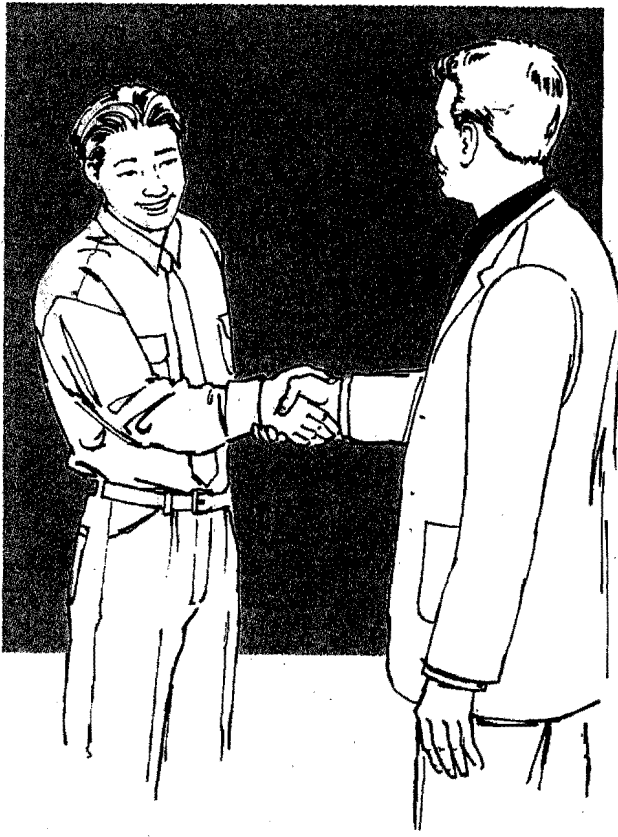
**Repair** the way you think so it does not happen again  
Become **Righteous** and obey the law and God

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)  
When released the batterer/abuser must  
successful complete a  
domestic violence prevention program.



- ❖ Complete Domestic Violence Prevention Program
- ❖ Attend weekly meetings of CA/NA/AA if you having a history of using or abusing drugs and/or alcohol
- ❖ Have a psychiatric evaluation
- ❖ Comply with taking psychiatric medication if recommend by the psychiatrist
- ❖ Attend individual therapy
- ❖ Comply with all court orders
- ❖ Clear all warrants issued by the court and/or police department
- ❖ Pay all fines
- ❖ Bring up to date any delinquent child support payments and /or alimony payments
- ❖ Secure a stable residence and steady employment

The batterer/abuser should not consider being in any relationship until he successfully completes the following:



- ❖ Completes his time in jail or prison
- ❖ While in custody has taken advantage of all services for a successful transition into the community
- ❖ Is in compliance with all probation/parole conditions after being released from custody
- ❖ Abstains from using drugs and/or alcohol
- ❖ Notifies new friends that you are a batterer/abuser in recovery
- ❖ Uses the Time Out Method when angry and out of control

Individual counseling, and a community domestic violence treatment program will help you prepare for a new life **with** or **without** the victim.



Many times reunification is not possible. The batterer/abuser will move on and begin a new relationship using his non-violent responses.



*There is no excuse  
for  
domestic violence  
or  
abuse*

Domestic Violence Hotline: 1-800-799- (SAFE) 7233  
Batterers Group Helpline: 213-351-0359  
Referral for Individual & Couples Counseling: 818-788-8667