Counseling Services

Kenn I. Hicks is a Licensed Clinical Social Worker and has been providing individual, group, and family therapy for over thirty years with youth, adults, and the elderly.

Services provided include:

- Divorce/Separation Therapy
- Marriage & Relationship Counseling
- Therapy for Depression
- Individual & Family Therapy
- Drug/Alcohol & Other Addiction Counseling
- Domestic Violence Prevention Treatment
- Grief Counseling
- Facilitator of Various Support Groups



KENN I. HICKS, L.C.S.W. Licensed Psychotherapist



KENN I. HICKS, L.C.S.W.

14401 Hartsook St., Ste #315 Sherman Oaks, CA 91423

Phone: 818.788.8667 E-mail: mrh384@aol.com Website: kennihicks.com

Problems with Relationships, Sex, Marriage, Family, Depression



KENN I. HICKS, L.C.S.W.

Licensed Psychotherapist

818.788.8667 • 24 Hour Call Line mrh384@aol.com kennihicks.com

Mental Health Checklist

- Anxiety
- Fearfulness
- Guilt
- Anger, Hostility, and Irritability *
- Agitation
- Withdrawal
- Retardation of Speech and Thought
- Neglect of Personal Appearance
- Dependency
- Crying
- Low Self Esteem
- Feelings of Helplessness
- Negative View of the World, the Self, and the Future
- Pessimism and Hopelessness
- Inability to Experience Pleasure
- Thoughts of Death or Suicide *
- Weight Loss or Gain
- Appetite Disturbance
- Sleep Disturbance
- Loss of Energy
- Decrease in Sexual Interest
- Menstrual Changes
- Fatigue
- Weariness
- Indigestion
- Constipation or Diarrhea
- Tension, Muscle, Back, and Headaches
- Feeling Like a Failure
- Hopelessness Regarding the Future

- Lonely, Even When in the Presence of Others
- Needy, Vulnerable, Easily Hurt
- Unappreciated
- Fearful of Rejection
- Unfavorable Compare Self with Others
- Depend Upon Others for Approval, Acceptance, Support
- Medical Problems
- Drug and Alcohol Abuse Covering Symptoms *
- All Addictions *

* Please seek professional counseling immediately!

Individuals with three symptoms or more **should be** in therapy.

Look carefully at the symptoms that trouble you the most. Intense and/or frequent experiences which cause a disruption in your life should alert you to the need for PSYCHOTHERAPY.

Depression is the nation's number one illness. It has been estimated that I in

50 is hospitalized, and I in 100 commits suicide. 25% of the population is in distress, 2% is in therapy.

If you or someone you know is having these symptoms and would like help, please call Kenn I. Hicks for a free psychotherapy evaluation. Mr. Hicks is available for Telephone Counseling, In-House Counseling, and Traditional Office Psychotherapy. Often the person who needs help is either too ashamed/afraid to call. Please call for them so they can receive help.

FREE PSYCHOTHERAPY EVALUATION

TELEPHONE / IN-HOME/ OFFICE

818.788.8667 • mrh384@aol.com